



# KELSEY TAINSH

## CAPABILITY STATEMENT

Kelsey Tainsh has been through more in her lifetime than most will ever endure. Successfully overcoming a brain tumor at only five years of age, Kelsey went on to be a happy, healthy kid and a champion athlete. 10 years later, at 15, it all came crashing down when the tumor returned followed by a crippling stroke. Her friends had disappeared, her right side didn't function and she became paralyzed with fear and self-doubt. Despite her significant physical challenges, she worked hard to pull herself up and charged back into life graduating magna cum laude from the University of Florida and going on to work for The Coca-Cola Company. Kelsey is armed with a quirky sense of humor, engaging stories, and a relevant message,

### DIFFERENTIATORS

- Has overcome profound life-changing disability and emerged with a unique perspective and lessons on resilience, transcending perceptions, overcoming setbacks, and redirection after changed circumstances.
- From Champion Athlete to Paralysis.
- Redefined purpose and actions following redirection of life.
- Recognized thought leader with a national platform for affecting change.

**"CHANGE IS INEVITABLE.  
HOW WE DEAL WITH IT  
CAN BE REMARKABLE."  
- KELSEY TAINSH**

### PAST PERFORMANCES

ILLINOIS ASSOCIATION OF SCHOOL BOARDS

MO YOUTH LEADERSHIP FORUM GOVERNOR'S COUNCIL ON DISABILITY

INDIANAPOLIS CPA SOCIETY

SOCIETY OF PEDIATRIC NURSES

COCA-COLA COMPANY

HEMATOLOGY/ONCOLOGY PHARMACY ASSOCIATION

### CORE COMPETENCIES

- Helps organizations and their people gain perspective needed to overcome any challenge in their life and in their work.
- Audiences walk away with a resilient new mindset and a fresh appreciation for the gift of work, accomplishment, and the relationships we all share.

### TOPICS COVERED

DIVERSITY

INCLUSION

INSPIRATION

DISABILITY AWARENESS

ATTITUDE/PERSPECTIVE

ADVERSITY

HUMOR

### GENERAL INFORMATION

CAGE CODE: 75KN4

UEI: TSBYJLLQMP1

NAICS: 611430, 611710, 711510

WOMAN-OWNED BUSINESS

CONTACT INFORMATION:

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